



# SHABBAT SERVICE FRIDAY NIGHT

The evening prayer service is divided into six major sections (plus the sermon) which “ascend” to the Amidah, the high point of the service, and then “descend” through the closing prayers.


V. **THE AMIDAH**  
 (“Standing Prayer”)

Avot v’Imahot - Our Ancestors (Pg. 31)  
G’vurot - God’s Power (Pg. 32)  
Kedushat HaShem - God’s Holiness (Pg. 33)  
Kedushat Hayom - Holiness of Shabbat (Pg. 33-34)  
Avodah - God’s Acceptance of Our Worship (Pg. 34 )  
Hoda’ah - Giving Thanks to God (Pg. 35-36)  
Birkat Shalom - Prayer for Peace (Pg. 36 )  
-or note the questions for thought on the themes of the Amidah (Pg. 40)

SERMON / DRASH

IV. **V’SHAMRU**  
 (“You Shall Keep”)  
The Covenant of Shabbat (Pg. 29)

VI. **CLOSING PRAYERS**  
Aleinu - Jewish Distinctiveness (Pg. 45)  
Kaddish - Memorial Prayer (Pg. 52)

III. **THE SHEMA AND ITS BLESSINGS**  
Bar’chu - The call to Worship  
Ma’ariv Aravim - Evening prayer (Pg. 18)  
Ahavat Olam - God’s Love (Pg. 20)  
 SHEMA - God is One (Pg. 22 )  
V’ahavta - You shall love (Pg. 22)  
Mi Chamocha – Redemption (Pg. 26)  
Hashkivenu – Shelter Us (Pg. 28)

II. **CHATZI KADDISH**  
 (“Half-Sanctification”)  
Separates Kabbalat Shabbat from Ma’ariv (main part of evening service) (Pg. 17)

I. **KABBALAT SHABBAT**  
 (“Welcoming the Sabbath”)  
Getting in the Mood  
Candle Lighting (Pg. 9-10 )  
Kiddush (blessing over wine) (Pg. 11)  
Opening Psalms & Songs (Pg. 13-17 )



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